Bahujan Hitay Jagat Shikshan Sanstha Gondiya's

JAGAT ARTS COMMERCE & INDIRABEN HARIHARBHAI PATEL SCIENCE COLLEGE, GOREGAON-441801 DIST-GONDIA

4.1.2: Facilities for Cultural, Sports, Games, Gymnasium, Yoga

Through

Sr. No.	Supportive Documents
1	Cultural
2	Sports & Games
3	Gymnasium
4	Yoga

1. Cultural

We have permanent hall for regular cultural activities and rehearsal. Cultural event is organized ever year. During cultural program students participate in various event. Apart from this we also celebrate college day function, for this a separate pendal and stage of size 60x120 Sq. feet is prepared every year. Various cultural programs organized on this occasion function like character play, one act play, solo dance and group dance etc. Lots of students of the college have participated in this program with great enthusiasm and keen interest. Best performance done by students, they were awarded by the prizes, mementos, certificates by the guests of honor. The staff members congratulated and appreciated the performance of participated students.



2. Sports & Game

We have play ground for football, basket ball, volley ball, cricket, kho-kho, kabbaddi, long jump, discus throw, short put etc. In indoor we have table tennis, carom board, chess and yoga facility. Students from the all faculty (Arts, Commerce & Science) do practice throughout the year for above mentioned games.

Sports & Games Photos















3. Gymnasium

College has fully fledged well equipped gym fulfilling the need of around 70 students as well as 04 staff members. Students, teachers (Dr. J. B. Baghele, Prof. J.I. Thakur, Dr. R. N. Sakhare, Dr. V. U. Rahangdale) and outsiders utilize the gym facility. The details of the various instruments in the gym are listed below in tabular form.

Sr.	Name of Instrument	Quantity
No.		
01	Bench Press	02
02	Sit-up Stand	04
03	Mudgal	02
04	Weight lifting bar	01
05	Weight lifting iron plates (Pair)	08
06	Iron dumbbells (pair)	16
07	Mirrors	02
08	Weight lifting belts	04
09	Multi Gym machine	01
10	Gym Cycle	01
11	Tread Mill	01
12	Deeps Stand	04
13	Dumbbell Rack	01

Gymnasium Photos













3. Yoga

Our college celebrates international yoga day every year on 21st June. We have enough space for 40 persons. Time to time various experts demonstrate the yoga with their benefits.





